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Governor

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Tim Longmeyer
Secretary

MEMORANDUM

PERSONNEL MEMO 12-09

TO: Cabinet Secretaries
Agency Heads
HR Administrators

FROM: Tim Longmeyer, Secretary *TML*

DATE: February 28, 2012

SUBJECT: **HumanaVitality Kick-Off**

The Personnel Cabinet will be hosting Wellness Fairs across the state to introduce state employees to the new HumanaVitality wellness program. This new wellness benefit is available to state employees, teachers and retirees who have health insurance coverage through the Kentucky Employees' Health Plan (KEHP), administered by the Personnel Cabinet.

The potential ROI and overall benefits from participation in a comprehensive wellness program are significant, and these fairs provide us an excellent opportunity to engage KEHP members. The fairs are for the benefit of state employees, as well as employees of local Boards of Education, Health Departments, KCTCS, the KET Foundation, other public employees and eligible retirees in KRS, KTRS, and the Judicial and Legislative Retirement Systems.

Similar to the Kentucky Employees' Deferred Compensation Expos, we ask that you allow employees, upon request, up to one hour to attend a fair during normal working hours. If employees ask the Personnel Cabinet about attending a fair during working hours, they will be advised that agencies will make those decisions on an individual basis and the decisions will be based on required service levels and agency needs.

The Frankfort Wellness Fair will be on March 7, 2012 from 3-5 p.m. at the Transportation Cabinet Cafeteria. Please visit <http://LivingWell.ky.gov> for additional information. We encourage you to carefully review any request and, if possible, allow employees to attend.



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